

Frequently Asked Questions (FAQ)
Notre Dame Catholic High School, Carleton Place

How do I open an account in "My Health Magazine"?

- 1) The web address is <http://www.myhealthmagazine.net/>
- 2) Every school community has a unique Access Code (RCFGEW). This same access code is used by all students and staff (the first time they log on-to create login and password).
- 3) Create your own login and password.

Steps to Creating Login and Password:

- 1) Go to www.myhealthmagazine.net
 - 2) Choose the "Sign Up" button
 - 3) Choose the "School or Group Account, I have an Access Code (eg. FTG345) and would like to create an account now" box (you need to click on the box with the checkmark in this box).
- 4) The person creating the account will need to provide:
- email address
 - date of birth
 - gender
 - School or Group (use NDCHS)
 - Location (Canada)
 - ACCESS Code = RCFGEW
- 5) Once the account is created, you may get an "Access Denied" message. Try ignoring this and clicking on features (eg. Magazine, Screening Tools, etc)

Where can I find the current School Year Calendar?

The school year calendar is published by the Catholic District School Board of Eastern Ontario (CDSBEO) and can be accessed directly from their site, under the **School Information** Menu:
http://www.cdsbeo.on.ca/School_Info/calendar.htm

Where can I find more information on the Ontario School Food and Beverage Policy?

Our cafeteria company has produced a document (2011) about the upcoming changes in Ontario Legislation regarding the food and beverages permitted to be sold in schools:
<http://www.ndchs.com/chartwells.doc>

What are my options for purchasing school uniforms for a Notre Dame student?

Parents have two options:

1. NEW: School uniforms are supplied by the R.J. McCarthy company. NDCHS uniform choices are available online at: http://www.rjmccarthy.com/estore/eStore_2.aspx. McCarthy also

operates an In-school Store during the school year. Hours are posted on the NDCHS home page.

2. USED: The NDCHS School Council puts on a used uniform sale a couple of times a year (late summer, late winter). For details contact the office at 613-253-4700

What policies should I be aware of if I am a student or a parent?

The following are the key policies to be aware of that may affect a student's academic standing: Policies are available online via the Guidance Department (see Departments Menu):

Dress Code Policy

Policy for Assignment Deadlines

Late Assignments and Academic Dishonesty Policies

Attendance Policy

- Lates: Pre-Approved Late (PAL) form

Do you have information on University and College applications?

The Guidance Department (see Departments menu) page contains many online resources to assist students in their transition from High School, including information on University and College applications, deadlines, tutorials, etc. Senior students may also wish to consult in person with Student Services.

Where can I find information about Special Education or the Board's Special Education Advisory Committee (SEAC)?

A wealth of information is available from the Special Education Department (see Departments Menu) page, including details about Staff, FAQ, Accommodations, Dates and Links.

I need help with Math homework!

Online Math Homework Help is now being offered in our school board from the Ministry of Education as **free online math tutoring** and support for any student **from grade 7 to 10**. Students can register from the link on our *Students First!* page on the Website.